I-5 Northbound: Take the NE 45th St exit. Turn right onto NE 45th St.
I-5 Southbound: Take the NE 45th St exit. Turn left onto NE 45th St.
Continue until NE 45th runs into Sand Point Way. 45th turns into Sand Point Way NE. Continue on Sand Point Way until the park is on your right. The main entrance is at NE 74th Street. There is also an entrance at NE 65th Street.